

2021 Cross Country Championships



#AChampionWillBeCrowned

#SoConXC

2021 Cross Country Championships Oct. 30 • VMI • Lexington, Va. (Lexington Golf and Country Club)

Women's race at 10 a.m. ET • Men's race at 10:45 a.m. ET • Free admission • Awards ceremony following women's race

- [Course map \(men\)](#)
- [Course map \(women\)](#)
- [Record book](#)
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- [Facebook](#)
- [Instagram](#)
- [Championship program](#)
- [Live stats](#)
- [Men's results](#)
- [Women's results](#)
- [Photo gallery](#)
- [Highlights](#)

Spectator Info: Spectators are permitted to attend the event.

Parking: Parking is available at the course.

2021 Cross Country Championship recap

Furman won its ninth straight men's and women's titles at the 2021 Southern Conference Cross Country Championships hosted by VMI at the Lexington Golf and Country Club on Oct. 30, with Cameron Ponder and Bethany Graham claiming the individual titles and being named the SoCon Men's and Women's Runners of the Year, respectively.

[Full recap](#)

Championship information

[Directions to the Lexington Golf and Country Club](#) | [Course map](#) | [Course video](#)

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GPS directions:

Lexington Golf and Country Club
141 Country Club Rd. Lexington, Va. 24450

Hotel information

[LexingtonVa.com](#)

Review of past championships:

[2020](#) [2019](#) [2018](#) [2017](#) [2016](#) [2015](#) [2014](#) [2013](#) [2012](#) [2011](#) [2010](#) [2009](#)

Participating institutions:

[CIT](#) // [ETSU](#) // [FUR](#) // [MER](#) // [UNCG](#) // [SAM](#) // [UTC](#) // [VMI](#) // [WCU](#) // [WOF](#)

2021 Champions

Men: Furman Paladins (team) / Furman's Cameron Ponder (individual)

Women: Furman Paladins (team) / Furman's Bethany Graham (individual)



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